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Barletta, 29th march 2017

Dear Masters and Instructors,

OPES is pleased to invite you to “Taekwon-do I.T.F. International Challenge Barletta”, which will take place in Barletta (**BT**), at **the Sports Hall on May 27th and 28th 2017.**

COMPETITION OPEN TO COLORED AND BLACK BELTS, IN THE FOLLOWING CATEGORIES, SEPARATED BY GENDER:

CHICKS (5-7 years old);

KIDS (8-10 years old);

CHILDREN (11-13 years old);

JUNIORS (14-18 years old);

ADULTS (over 18 years old).

The CHAMPIONSHIP includes pattern competitions, at an individual level, and sparring competitions.

Team Competitions:

Patterns (Children, Juniors and Adults);

Sparring (Children, Juniors and Adults);

Self-defence (Children, Juniors and Adults);

Special Techniques (Flying Kicks - Juniors and Adults);

Power Test (Board Breaking – Adults only).



Moreover, at the same time as our Taekwon.do I.T.F. competition, the second part of the “Kickboxing International Challenge Barletta” will take place. So, our athletes can take part in both of two competitions and this is a great news.



Applications must be sent only via the web portal:

https://www.sportdata.org/multicombat/set-online/veranstaltung_info_main.php?active_menu=calendar&vern=11#a_eventhead

FITSPORT organization will be pleased to answer your questions and collect your subscriptions.

E-mail address: opesbat@gmail.com;

Website: www.itfitalia.it

Below you can find the Championship rules and regulations.

Yours sincerely,

Taekwon do ITF

Master VII dan Ruggiero Lanotte

Master VI dan Giuseppe Lanotte



COMPETITION RULES AND REGULATIONS: PATTERNS

Divisions/categories:

The divisions/categories must include three or more athletes.

If just two athletes take part to the competition, they will be included in a superior category.

Divisions/colored belts:

10 Gup – 5 Gup
4 Gup – 1 Gup
I Dan
II Dan
III Dan

Eliminatories: one (1) chosen by the athlete;

Finals: one (1) chosen by the athlete and one (1) chosen by the committee (just for black belts);

COMPETITION RULES AND REGULATIONS: SPARRING

ADULTS – JUNIORS - CHILDREN:

- From yellow to green superior belt (POINT-STOP): : eliminatories and finals: one (1) round lasting two minutes;
- Blue and black belts (CONTINUOUS FIGTHING):
eliminatories: one (1) round lasting 3 minutes
Finals: two (2) rounds lasting two (2) minutes.



The International rules will be respected.

CHICKS – KIDS (POINT-STOP):

eliminatories and finals: one (1) round lasting 2 minutes.

COMPETITION RULES AND REGULATIONS: SPECIAL TECHNIQUES:

This competition is for Juniors and Adults (blue belts and over):

Item	Male	Female
Twimyo nopi chagi (Flying high kick)	2,7m	2,2m
Twimyo dollyo chagi (Flying turning kick)	2,4m	2,1m
Twiyono nomo chagi (Flying over head kick)	2,5m x 70cm	1,7m x 70cm
Twiyono 360' dollmyo chagi (Flying 360' mid air kick)	2,3m	2m
Twimyo bandae dollyo chagi (Flying reverse turning kick)	2,3m	2m

Eliminations will be based on a special technique chosen by the candidate, in respect of regulated heights.



COMPETITION RULES AND REGULATIONS: POWER TEST.

ADULTS ONLY CAN COMPETE.

COMPETITION IS FOR BLUE BELT HOLDERS AND OVER.

IT'S CHOSEN A TECHNIQUE.

THERE'S A BOARD FOR PUNCH TECHNIQUES – TWO BOARDS FOR KICK TECHNIQUES.

TRANSPORTATION

CAR

From North: Motorway A14 Bologna-Taranto, exit Andria / Barletta. Then follow the road signs for Barletta;

From West: Take the A16 Napoli-Canosa, exit Canosa. Then follow the road signs for Barletta;

From South: Motorway A14 Bologna-Taranto, exit Andria / Barletta. Then follow the signs for Barletta.

PLANE

From Bari Palese airport: S.S. 16/bis towards Foggia (there are several exits you can choose to go to Barletta).

TRAIN

Barletta is easy to reach thanks to a wide railway network, including several kinds of trains, such as Eurostar, Intercity and Espresso, covering short, medium and long distances.



APPLICATION FOR THE COMPETITION:

Individual competition including all the specialties (Patterns, Sparring, Special Techniques and Power Test): € 30,00;

Team Competition

Female self-defence: € 15;

Male self-defence: € 20;

Team Patterns/Sparring/special techniques (male and female): € 30.

(For example: if your team takes part just to the pattern competition, it must deposit just € 30; if an athlete takes part both to patterns and sparring, he must deposit € 60; if he takes part to Special techniques, patterns, male self-defence, sparring, he must deposit € 110).

N.B: **You will have to arrange your own transfer and accommodation. We can suggest you some hotels at the price agreed upon with our organization, if you need it.**

After 10 registrations, it's offered free accommodation for two nights in a 4 star (or a 3 star superior) hotel.



SCHEDULE

Friday, May 26th

Arrival of Delegations

Saturday, May 27th

09:00 – 16:00 Registration and weight check - Sports Hall (PALASPORT BARLETTA)

14:00 – 15:00 Coaches Meeting & Draw at the Sports Hall (PALASPORT BARLETTA)

15:00 – 15:30 Umpire meeting

16:00 - Competition at the Sports Hall

20:00 Dinner

Sunday, May 28th

07:00 – 08:00 Breakfast

09:00 – 13:00 Competition at the Sports Hall

13:00 – 14:00 Lunch

15:00 – 21:00 Competition at the Sports Hall

18:00 Opening Ceremony

19:00 Finals & Medal Awarding

21:30 Challenge Party

Monday, May 29th

7:00 Breakfast & Departure